



PORT

TO NOD 2

Orioles
43

1
00:00:11,589 --> 00:00:03,669
hi mission control this is megan pringle

2
00:00:16,070 --> 00:00:13,589
we heard you loud and clear megan this

3
00:00:20,310 --> 00:00:16,080
is megan pringle from wp

4
00:00:24,070 --> 00:00:21,349
it is

5
00:00:25,109 --> 00:00:24,080
good to talk to you

6
00:00:27,509 --> 00:00:25,119
well

7
00:00:28,870 --> 00:00:27,519
great to talk to you good morning i have

8
00:00:33,510 --> 00:00:28,880
so many questions for you tell us what

9
00:00:37,430 --> 00:00:35,510
yeah that was amazing i had only flown

10
00:00:39,590 --> 00:00:37,440
on the space shuttle before and um

11
00:00:40,630 --> 00:00:39,600
taking off on the soyuz rocket was was

12
00:00:42,549 --> 00:00:40,640
really cool it was a little bit

13
00:00:44,389 --> 00:00:42,559

different

14

00:00:45,990 --> 00:00:44,399

but it was it was pretty spectacular a

15

00:00:47,910 --> 00:00:46,000

lot of g-forces

16

00:00:50,549 --> 00:00:47,920

a lot of banging when the engines shut

17

00:00:55,670 --> 00:00:50,559

down and it was definitely a ride that i

18

00:00:59,110 --> 00:00:57,430

since you've been there and i know it

19

00:01:01,830 --> 00:00:59,120

hasn't been long but what's been the

20

00:01:04,070 --> 00:01:01,840

biggest surprise or possibly adjustment

21

00:01:08,070 --> 00:01:04,080

to you either physically or just

22

00:01:12,310 --> 00:01:10,149

you know the um

23

00:01:13,990 --> 00:01:12,320

the thing that i was surprised about was

24

00:01:15,749 --> 00:01:14,000

how much easier it was this time to

25

00:01:17,429 --> 00:01:15,759

adjust the space last time was my first

26
00:01:18,310 --> 00:01:17,439
space flight and this is my second space

27
00:01:20,630 --> 00:01:18,320
flight

28
00:01:22,149 --> 00:01:20,640
and uh i just adjusted a lot quicker

29
00:01:23,749 --> 00:01:22,159
there's still a few things your head

30
00:01:24,870 --> 00:01:23,759
gets stuffy because all the fluid floats

31
00:01:26,550 --> 00:01:24,880
up in your head

32
00:01:28,070 --> 00:01:26,560
so there's a little bit of that but for

33
00:01:29,749 --> 00:01:28,080
the most part when i got here it was

34
00:01:31,350 --> 00:01:29,759
like riding a bike i remembered

35
00:01:35,429 --> 00:01:31,360
everything just like i had done a few

36
00:01:38,390 --> 00:01:37,270
it's so exciting for us to have someone

37
00:01:40,710 --> 00:01:38,400
local

38
00:01:44,149 --> 00:01:40,720

do something so incredible and it was so

39

00:01:45,670 --> 00:01:44,159

much fun to watch reid wiseman so is

40

00:01:48,389 --> 00:01:45,680

there a little bit of pressure because

41

00:01:51,429 --> 00:01:48,399

he did so much tweeting and interaction

42

00:01:52,950 --> 00:01:51,439

with social media is it tough um

43

00:01:55,670 --> 00:01:52,960

to compete with that are you going to

44

00:01:58,230 --> 00:01:55,680

try to have some sort of interaction and

45

00:02:02,230 --> 00:01:58,240

and i guess create a following or at

46

00:02:06,069 --> 00:02:03,830

well there's no competition i can never

47

00:02:07,429 --> 00:02:06,079

compete with reid weissman um but reid

48

00:02:09,510 --> 00:02:07,439

is awesome he's also as you know a

49

00:02:11,029 --> 00:02:09,520

fellow baltimore native

50

00:02:12,630 --> 00:02:11,039

actually i was just down on the coop i

51
00:02:15,110 --> 00:02:12,640
took some unbelievable pictures of a

52
00:02:18,070 --> 00:02:15,120
sunset we just had over south asia

53
00:02:19,910 --> 00:02:18,080
so i will be tweeting astro terry is my

54
00:02:22,229 --> 00:02:19,920
twitter and instagram handle and i'll

55
00:02:24,309 --> 00:02:22,239
try and send out some pictures the views

56
00:02:26,550 --> 00:02:24,319
here are just spectacular

57
00:02:28,229 --> 00:02:26,560
i saw a sunset the first sunset i saw on

58
00:02:29,750 --> 00:02:28,239
station yesterday

59
00:02:31,589 --> 00:02:29,760
the moon and venus were right next to

60
00:02:32,630 --> 00:02:31,599
the sun they all sat at the same time

61
00:02:34,390 --> 00:02:32,640
and uh

62
00:02:36,869 --> 00:02:34,400
it was amazing to see the moon kind of

63
00:02:38,790 --> 00:02:36,879

burble as it went behind the atmosphere

64

00:02:40,070 --> 00:02:38,800

the views are are not like anything on

65

00:02:44,070 --> 00:02:40,080

earth so i'll definitely be sharing them

66

00:02:46,790 --> 00:02:45,910

i think that'll be really exciting for

67

00:02:48,790 --> 00:02:46,800

people and that's something they're

68

00:02:50,150 --> 00:02:48,800

really going to enjoy

69

00:02:51,750 --> 00:02:50,160

you haven't been there long and it seems

70

00:02:53,350 --> 00:02:51,760

like already you've seen some stunning

71

00:02:55,589 --> 00:02:53,360

images is there anything that you're

72

00:02:57,990 --> 00:02:55,599

looking forward to seeing the most or an

73

00:02:59,190 --> 00:02:58,000

area of earth that you're really excited

74

00:03:03,509 --> 00:02:59,200

to see what it looks like from a

75

00:03:06,309 --> 00:03:04,949

you know i'm just excited to have six

76

00:03:08,470 --> 00:03:06,319

months to live here and really get to

77

00:03:10,149 --> 00:03:08,480

know the earth well um on my first

78

00:03:12,070 --> 00:03:10,159

flight the way the orbital mechanics

79

00:03:14,229 --> 00:03:12,080

worked out i was over america at night

80

00:03:15,990 --> 00:03:14,239

time all the time and so far the last

81

00:03:17,830 --> 00:03:16,000

two days it's been we just launched

82

00:03:18,790 --> 00:03:17,840

basically yesterday so i i kind of just

83

00:03:20,229 --> 00:03:18,800

got here

84

00:03:21,830 --> 00:03:20,239

um but

85

00:03:23,750 --> 00:03:21,840

i still haven't had good views of

86

00:03:26,229 --> 00:03:23,760

america so i'm looking forward to seeing

87

00:03:27,589 --> 00:03:26,239

baltimore and the rocky mountains and

88

00:03:31,350 --> 00:03:27,599

you know as much as i can of my own

89

00:03:38,630 --> 00:03:33,190

right you're a horse racing fan are you

90

00:03:42,470 --> 00:03:41,110

yeah we'll be watching well well

91

00:03:44,149 --> 00:03:42,480

i should still be here during the

92

00:03:46,390 --> 00:03:44,159

preakness yeah it depends on the timing

93

00:03:48,550 --> 00:03:46,400

of the landing but that's uh i will be

94

00:03:50,229 --> 00:03:48,560

here for opening day for the orioles and

95

00:03:50,949 --> 00:03:50,239

hopefully the super bowl for the ravens

96

00:03:52,789 --> 00:03:50,959

and

97

00:03:54,789 --> 00:03:52,799

um we've got a lot of sporting events to

98

00:03:56,869 --> 00:03:54,799

look forward to butch here my crewmate

99

00:04:00,949 --> 00:03:56,879

station commander barry wilmore's a big

100

00:04:06,070 --> 00:04:02,949

oh good well that'll be fun that we know

101
00:04:08,710 --> 00:04:06,080
what about um the hometown aspect i know

102
00:04:10,550 --> 00:04:08,720
it's got to be very exciting um for this

103
00:04:12,470 --> 00:04:10,560
area in particular howard county and

104
00:04:14,070 --> 00:04:12,480
columbia there's any kids that are

105
00:04:15,830 --> 00:04:14,080
watching from oakland mills high school

106
00:04:17,909 --> 00:04:15,840
who may be interested in science what

107
00:04:19,909 --> 00:04:17,919
would you have to say oh my goodness i

108
00:04:22,230 --> 00:04:19,919
just saw an image of you looking

109
00:04:23,430 --> 00:04:22,240
look at you guys

110
00:04:24,950 --> 00:04:23,440
can you do that again show us what

111
00:04:27,030 --> 00:04:24,960
that's like with the football and sort

112
00:04:28,790 --> 00:04:27,040
of walk us through

113
00:04:30,629 --> 00:04:28,800

what that's like

114

00:04:33,030 --> 00:04:30,639

so you just got you just now got the

115

00:04:34,629 --> 00:04:33,040

video down like huh

116

00:04:35,990 --> 00:04:34,639

we've been spinning and doing all kinds

117

00:04:37,909 --> 00:04:36,000

of stuff i've been listening to you but

118

00:04:39,909 --> 00:04:37,919

i haven't been able to see you

119

00:04:42,390 --> 00:04:39,919

well we've probably been watching it

120

00:04:43,670 --> 00:04:42,400

this is just my first opportunity to see

121

00:04:45,430 --> 00:04:43,680

it

122

00:04:46,870 --> 00:04:45,440

okay so go ahead since you're both

123

00:04:48,870 --> 00:04:46,880

sports fans and i love that you're

124

00:04:53,909 --> 00:04:48,880

representing the orioles have you played

125

00:04:57,270 --> 00:04:55,350

well we just got the football out this

126
00:04:58,469 --> 00:04:57,280
is our first game of catch but actually

127
00:04:59,909 --> 00:04:58,479
one of the really cool things about

128
00:05:01,749 --> 00:04:59,919
living in space is

129
00:05:03,430 --> 00:05:01,759
learning is learning how to throw

130
00:05:04,310 --> 00:05:03,440
something to your crewmate

131
00:05:05,590 --> 00:05:04,320
because

132
00:05:07,270 --> 00:05:05,600
on earth when you throw something it

133
00:05:09,430 --> 00:05:07,280
drops and in space it doesn't drop and

134
00:05:15,110 --> 00:05:09,440
so you have to retrain your brain on how

135
00:05:17,909 --> 00:05:16,390
i know that we're going to be following

136
00:05:19,909 --> 00:05:17,919
you for quite some time so we'll have to

137
00:05:21,830 --> 00:05:19,919
look forward to the football skills um

138
00:05:25,110 --> 00:05:21,840

probably improving and and maybe

139

00:05:25,990 --> 00:05:25,120

baseball as well are you uh

140

00:05:27,029 --> 00:05:26,000

do you have a position that you're going

141

00:05:28,790 --> 00:05:27,039

to play are you going to be like the

142

00:05:32,469 --> 00:05:28,800

running back of the international space

143

00:05:36,070 --> 00:05:34,230

well i think i would definitely my

144

00:05:41,110 --> 00:05:36,080

40-yard dash time would be pretty good

145

00:05:47,189 --> 00:05:42,310

i'm hoping he's running back because i'm

146

00:05:47,199 --> 00:05:53,430

yeah you're a big sports fan i heard

147

00:05:56,150 --> 00:05:55,029

oh yeah i watch it on occasion we

148

00:05:57,510 --> 00:05:56,160

thought we'd represent all the major

149

00:05:59,110 --> 00:05:57,520

sports in america right now with the

150

00:06:03,990 --> 00:05:59,120

football and the hockey and the baseball

151

00:06:08,309 --> 00:06:06,790

exactly well hopefully no rivalries uh

152

00:06:11,749 --> 00:06:08,319

in space that

153

00:06:14,950 --> 00:06:13,670

now what about

154

00:06:19,990 --> 00:06:14,960

butch and i are safe it's not like

155

00:06:23,110 --> 00:06:21,189

i think you were asking about oakland

156

00:06:26,469 --> 00:06:23,120

mills high school and uh what the what

157

00:06:29,350 --> 00:06:28,469

sorry i'll answer the kid question first

158

00:06:33,189 --> 00:06:29,360

real quick

159

00:06:37,029 --> 00:06:35,510

yeah i would say um if you have a dream

160

00:06:37,909 --> 00:06:37,039

pursue it you never know what's gonna

161

00:06:40,469 --> 00:06:37,919

happen

162

00:06:42,150 --> 00:06:40,479

and if you have uh something that you're

163

00:06:44,309 --> 00:06:42,160

interested in if you have some god-given

164

00:06:46,390 --> 00:06:44,319

talents go ahead and pursue those

165

00:06:48,550 --> 00:06:46,400

and uh don't don't tell yourself no

166

00:06:52,309 --> 00:06:48,560

don't let you know go ahead and go for

167

00:06:56,150 --> 00:06:54,070

do you want to give a shout out to

168

00:06:57,270 --> 00:06:56,160

anyone in howard county or columbia at

169

00:06:58,790 --> 00:06:57,280

all

170

00:07:01,189 --> 00:06:58,800

from space

171

00:07:03,189 --> 00:07:01,199

well i'll say hi to my mom

172

00:07:05,270 --> 00:07:03,199

evelyn and jack coulson they're there on

173

00:07:07,430 --> 00:07:05,280

on the eastern shore of graysonville and

174

00:07:09,189 --> 00:07:07,440

i've got a new nephew my cousin kristen

175

00:07:10,550 --> 00:07:09,199

just had a little boy cameron so i'll

176

00:07:12,950 --> 00:07:10,560

say hi to him

177

00:07:14,629 --> 00:07:12,960

uh and helena pat uncle tom i got a lot

178

00:07:15,990 --> 00:07:14,639

of i got a lot of relatives back east

179

00:07:17,430 --> 00:07:16,000

there right and

180

00:07:18,950 --> 00:07:17,440

a lot of them got the chance to watch

181

00:07:20,870 --> 00:07:18,960

the launch from the goddard space flight

182

00:07:27,350 --> 00:07:20,880

center so that was really uh

183

00:07:30,550 --> 00:07:29,270

one thing that i read i do follow you on

184

00:07:33,270 --> 00:07:30,560

twitter and i thought it was interesting

185

00:07:35,270 --> 00:07:33,280

that you mentioned um your last meal

186

00:07:36,870 --> 00:07:35,280

while you uh were still on earth and it

187

00:07:38,629 --> 00:07:36,880

was shepherd's pie is there anything

188

00:07:40,070 --> 00:07:38,639

that you're gonna miss the most or

189

00:07:43,670 --> 00:07:40,080

really look forward to when you do

190

00:07:47,189 --> 00:07:45,110

you know everybody asks that i think

191

00:07:49,189 --> 00:07:47,199

there's some basic things like taking a

192

00:07:51,110 --> 00:07:49,199

shower there's no showers up here we

193

00:07:53,749 --> 00:07:51,120

just use a wet towel

194

00:07:55,830 --> 00:07:53,759

and the food of course is a big thing uh

195

00:07:57,189 --> 00:07:55,840

the food's pretty good here uh it's

196

00:07:59,350 --> 00:07:57,199

better than what i would be cooking for

197

00:08:01,510 --> 00:07:59,360

myself if i were a bachelor so

198

00:08:03,670 --> 00:08:01,520

but i think just basic things like that

199

00:08:07,909 --> 00:08:03,680

you miss the smells of earth you know a

200

00:08:09,110 --> 00:08:07,919

rainy day or or going to the beach

201

00:08:10,950 --> 00:08:09,120

i can say that i'm going to miss the

202

00:08:15,350 --> 00:08:10,960

fact that terry can't take a shower as

203

00:08:19,670 --> 00:08:17,670

yeah that must get um

204

00:08:21,670 --> 00:08:19,680

that must get tough if you are up there

205

00:08:24,390 --> 00:08:21,680

and your your crewmates are smelling a

206

00:08:26,390 --> 00:08:24,400

little rank

207

00:08:28,150 --> 00:08:26,400

but you get used to that

208

00:08:30,230 --> 00:08:28,160

well this is only my second day here and

209

00:08:35,430 --> 00:08:30,240

i haven't exercised yet so there's still

210

00:08:39,190 --> 00:08:36,550

well you'll have to bring back a

211

00:08:40,949 --> 00:08:39,200

souvenir a sweaty towel or a sock or

212

00:08:43,110 --> 00:08:40,959

something and come back to the newsroom

213

00:08:44,470 --> 00:08:43,120

and let us know listen before we go is

214

00:08:45,990 --> 00:08:44,480

there anything else that you want to add

215

00:08:47,750 --> 00:08:46,000

i know you said some pretty inspiring

216

00:08:49,509 --> 00:08:47,760

things

217

00:08:51,030 --> 00:08:49,519

about kids who are possibly interested

218

00:08:54,790 --> 00:08:51,040

in science anything else you want to say

219

00:08:58,310 --> 00:08:57,350

well i'll just say um it's a real

220

00:08:59,990 --> 00:08:58,320

uh

221

00:09:01,910 --> 00:09:00,000

this is an amazing machine this is one

222

00:09:04,150 --> 00:09:01,920

of our steps as we move out into the

223

00:09:05,269 --> 00:09:04,160

solar system this is step one

224

00:09:06,790 --> 00:09:05,279

and it's great to be here with an

225

00:09:09,190 --> 00:09:06,800

international crew we have an italian

226

00:09:11,030 --> 00:09:09,200

astronaut and three russian cosmonauts

227

00:09:12,550 --> 00:09:11,040

uh we get along great we're really

228

00:09:13,590 --> 00:09:12,560

enjoying our time with them some of our

229

00:09:15,430 --> 00:09:13,600

russian friends were just taking

230

00:09:17,269 --> 00:09:15,440

pictures of me and butch doing our first

231

00:09:18,790 --> 00:09:17,279

press conference together so the

232

00:09:22,389 --> 00:09:18,800

international cooperation of the space

233

00:09:23,990 --> 00:09:22,399

station is is really amazing but looking

234

00:09:26,150 --> 00:09:24,000

out at night looking back at earth i

235

00:09:27,829 --> 00:09:26,160

love doing it there's nothing like it

236

00:09:29,190 --> 00:09:27,839

but looking out at the blackness and you

237

00:09:30,150 --> 00:09:29,200

see the moon and planets out there

238

00:09:31,509 --> 00:09:30,160

that's where we're eventually going to

239

00:09:32,870 --> 00:09:31,519

be going and that's

240

00:09:38,389 --> 00:09:32,880

one of the coolest things of being here

241

00:09:43,990 --> 00:09:41,430

and station this is houston acr that

242

00:09:46,310 --> 00:09:44,000

concludes the wbal-tv portion of the

243

00:10:00,870 --> 00:09:46,320

event please stand by for a voice check

244

00:10:07,269 --> 00:10:03,590

station this is wkn tv how do you hear

245

00:10:13,430 --> 00:10:09,829

nashville hello we have you loud and

246

00:10:18,069 --> 00:10:16,150

hey that is what we like to see captain

247

00:10:20,389 --> 00:10:18,079

butch wilmore one of our own mount

248

00:10:22,870 --> 00:10:20,399

juliet native tennessee and tennessee

249

00:10:25,509 --> 00:10:22,880

tech grad along with captain terry verts

250

00:10:27,430 --> 00:10:25,519

and of course sporting your pred sweater

251

00:10:32,470 --> 00:10:27,440

that's what we'd like to see both of you

252

00:10:36,310 --> 00:10:34,470

you know we do nasa's got a great system

253

00:10:37,990 --> 00:10:36,320

they can uplink live games and of course

254

00:10:39,910 --> 00:10:38,000

there's several games that we can ask to

255

00:10:42,389 --> 00:10:39,920

get taped and they'll send them up in a

256

00:10:44,150 --> 00:10:42,399

special uh section for our we can watch

257

00:10:49,190 --> 00:10:44,160

on our computer so yeah we can stay in

258

00:10:52,230 --> 00:10:50,870

we certainly like to see that all right

259

00:10:55,269 --> 00:10:52,240

captain butch we want to start with you

260

00:10:56,870 --> 00:10:55,279

obviously you're a hometown guy uh

261

00:10:59,350 --> 00:10:56,880

for the first time you took over as

262

00:11:00,630 --> 00:10:59,360

commander in charge of the iss i know

263

00:11:03,670 --> 00:11:00,640

that this is something you've worked

264

00:11:08,230 --> 00:11:03,680

hard for how appreciative are you of

265

00:11:11,829 --> 00:11:09,910

i can tell you it's uh

266

00:11:15,110 --> 00:11:11,839

just being here and like right now i'm

267

00:11:18,069 --> 00:11:15,120

floating um and just just this it's it's

268

00:11:20,150 --> 00:11:18,079

very very humbling uh to have this

269

00:11:21,829 --> 00:11:20,160

opportunity because there's so many

270

00:11:23,509 --> 00:11:21,839

people that would love to do it and love

271

00:11:25,110 --> 00:11:23,519

to love to just experience it for a few

272

00:11:27,190 --> 00:11:25,120

moments and we get to do it for six

273

00:11:29,110 --> 00:11:27,200

months so in that respect like i said

274

00:11:30,949 --> 00:11:29,120

it's very humbling and it is uh

275

00:11:32,389 --> 00:11:30,959

obviously very challenging to finally

276

00:11:34,310 --> 00:11:32,399

get to the point where you can be here

277

00:11:36,230 --> 00:11:34,320

so grateful for all the people along the

278

00:11:38,389 --> 00:11:36,240

way that helped out and trained us all

279

00:11:43,829 --> 00:11:38,399

of our trainers they're fantastic and

280

00:11:46,550 --> 00:11:45,110

you say you've been there you're going

281

00:11:49,269 --> 00:11:46,560

to be there for six months i know your

282

00:11:50,870 --> 00:11:49,279

first space flight was 11 days so what

283

00:11:52,389 --> 00:11:50,880

is the big difference when it comes to

284

00:11:54,389 --> 00:11:52,399

training and actually being up there for

285

00:11:57,509 --> 00:11:54,399

such a long period of time

286

00:11:58,790 --> 00:11:57,519

for such a long period

287

00:12:00,470 --> 00:11:58,800

well one of the main things the space

288

00:12:01,750 --> 00:12:00,480

station is very large it's about as long

289

00:12:04,550 --> 00:12:01,760

as a football field and white is a

290

00:12:06,470 --> 00:12:04,560

football field with numerous systems

291

00:12:08,470 --> 00:12:06,480

numerous capabilities a lot of science

292

00:12:10,230 --> 00:12:08,480

that we do up here a lot of payloads so

293

00:12:11,829 --> 00:12:10,240

as far as the magnitude of the training

294

00:12:14,470 --> 00:12:11,839

the training started for terry and i

295

00:12:15,910 --> 00:12:14,480

both about two and a half years ago so

296

00:12:17,910 --> 00:12:15,920

it's a long training flow because

297

00:12:20,470 --> 00:12:17,920

there's a lot that we have to you know

298

00:12:21,750 --> 00:12:20,480

pound into our brains so in that respect

299

00:12:24,470 --> 00:12:21,760

that's the main thing certainly the

300

00:12:27,110 --> 00:12:24,480

shuttle flights were were very busy very

301
00:12:28,550 --> 00:12:27,120
detailed but certainly not as much to

302
00:12:30,389 --> 00:12:28,560
know as far as the size and the

303
00:12:35,190 --> 00:12:30,399
different systems of the station so i'd

304
00:12:39,190 --> 00:12:37,110
i know many of us just can't imagine

305
00:12:40,629 --> 00:12:39,200
what it is like in space it's very neat

306
00:12:42,389 --> 00:12:40,639
to see what you guys are able to do

307
00:12:45,269 --> 00:12:42,399
while we're talking to you not that

308
00:12:47,509 --> 00:12:45,279
there is a typical day there but what is

309
00:12:51,030 --> 00:12:47,519
a normal day for you on the space

310
00:12:54,790 --> 00:12:52,790
well a normal day for me starts with

311
00:12:56,230 --> 00:12:54,800
usually a flip so i'll do this first

312
00:12:57,910 --> 00:12:56,240
thing in the morning just because like i

313
00:12:59,910 --> 00:12:57,920

said just because you can and that's

314

00:13:01,990 --> 00:12:59,920

always exciting the way to start the day

315

00:13:03,350 --> 00:13:02,000

and then of course uh we have about two

316

00:13:05,269 --> 00:13:03,360

and a half hours a day that we're

317

00:13:07,190 --> 00:13:05,279

scheduled to work out uh with some

318

00:13:08,550 --> 00:13:07,200

resistive exercise and also aerobic

319

00:13:10,230 --> 00:13:08,560

training you can kind of see this on the

320

00:13:12,150 --> 00:13:10,240

side right here this is our space

321

00:13:13,910 --> 00:13:12,160

bicycle and we also have a treadmill

322

00:13:15,829 --> 00:13:13,920

that we run on so we do that two and a

323

00:13:18,069 --> 00:13:15,839

half hours a day every single day just

324

00:13:20,629 --> 00:13:18,079

about to keep ourselves physically

325

00:13:22,710 --> 00:13:20,639

conditioned to fight muscle atrophy and

326

00:13:24,470 --> 00:13:22,720

bone loss those type of things so we've

327

00:13:26,069 --> 00:13:24,480

come a long way in the past decade of

328

00:13:28,069 --> 00:13:26,079

learning what we need to do to combat

329

00:13:29,910 --> 00:13:28,079

those so that's a big part of it and

330

00:13:33,110 --> 00:13:29,920

obviously the different various tasks

331

00:13:35,030 --> 00:13:33,120

the science that we do is ongoing

332

00:13:37,110 --> 00:13:35,040

every single day various different

333

00:13:38,870 --> 00:13:37,120

science aspects and of course there's

334

00:13:40,389 --> 00:13:38,880

maintenance as well just like in your

335

00:13:42,949 --> 00:13:40,399

home your potty breaks well our potty

336

00:13:45,350 --> 00:13:42,959

breaks too and uh we have to fix that

337

00:13:47,030 --> 00:13:45,360

and other things and there's also just

338

00:13:48,870 --> 00:13:47,040

upkeep you know you've got to clean the

339

00:13:50,069 --> 00:13:48,880

vents and and vacuum and do all those

340

00:13:52,230 --> 00:13:50,079

type of things that's kind of normal we

341

00:13:53,670 --> 00:13:52,240

typically do that on saturday so

342

00:13:55,350 --> 00:13:53,680

the day is very that's probably the best

343

00:13:57,269 --> 00:13:55,360

part about it is the variety there's

344

00:14:01,990 --> 00:13:57,279

such a such a variety of things that we

345

00:14:05,990 --> 00:14:04,389

i know a new crew just joined you up

346

00:14:07,990 --> 00:14:06,000

there and terry i think you are on that

347

00:14:14,389 --> 00:14:08,000

crew what is the deep briefing and the

348

00:14:19,750 --> 00:14:17,670

yes i launched actually yesterday um

349

00:14:21,990 --> 00:14:19,760

and butch and

350

00:14:23,189 --> 00:14:22,000

sasha and elena were ready for us we

351

00:14:25,590 --> 00:14:23,199

opened the hatch

352

00:14:27,910 --> 00:14:25,600

they were all very excited to see us

353

00:14:29,269 --> 00:14:27,920

and uh they had a had a good meal for us

354

00:14:31,269 --> 00:14:29,279

down in the russian segment a lot of

355

00:14:32,629 --> 00:14:31,279

food which actually we were all starving

356

00:14:34,389 --> 00:14:32,639

because we hadn't eaten for probably

357

00:14:35,910 --> 00:14:34,399

eight or ten hours so

358

00:14:37,430 --> 00:14:35,920

it was really fun

359

00:14:38,870 --> 00:14:37,440

in the soyuz you're really cramped

360

00:14:41,269 --> 00:14:38,880

you're sitting like this in this very

361

00:14:42,790 --> 00:14:41,279

small capsule for about six or eight

362

00:14:44,230 --> 00:14:42,800

hours like i said and

363

00:14:47,509 --> 00:14:44,240

so by the time we got here getting into

364

00:14:49,990 --> 00:14:47,519

the station this big giant open um

365

00:14:51,430 --> 00:14:50,000

uh area so that was that was fun to all

366

00:14:55,910 --> 00:14:51,440

of a sudden i'll feel like you're in

367

00:15:00,069 --> 00:14:57,829

well captain butch uh you are there

368

00:15:03,110 --> 00:15:00,079

until march and i know you guys get this

369

00:15:07,829 --> 00:15:03,120

question a lot but what do you miss most

370

00:15:14,710 --> 00:15:10,949

you know honestly this is such a unique

371

00:15:17,030 --> 00:15:14,720

place with such unique experiences every

372

00:15:20,629 --> 00:15:17,040

single day that i can honestly say that

373

00:15:22,150 --> 00:15:20,639

i really don't miss much i i don't miss

374

00:15:23,430 --> 00:15:22,160

not having a hamburger because the food

375

00:15:24,550 --> 00:15:23,440

here is different i don't miss not

376

00:15:25,990 --> 00:15:24,560

having french fries because the food

377

00:15:27,350 --> 00:15:26,000

here is different i don't miss not

378

00:15:29,590 --> 00:15:27,360

having to mow my grass though i love

379

00:15:31,269 --> 00:15:29,600

mowing my grass because the the variety

380

00:15:32,949 --> 00:15:31,279

of things here is so very different i'd

381

00:15:35,590 --> 00:15:32,959

say the one thing i miss i miss my

382

00:15:37,670 --> 00:15:35,600

church i miss my church family so that's

383

00:15:38,790 --> 00:15:37,680

one thing that i do miss and other than

384

00:15:39,910 --> 00:15:38,800

that

385

00:15:41,350 --> 00:15:39,920

like i said the experience is so

386

00:15:47,189 --> 00:15:41,360

different there's there's too much to

387

00:15:50,629 --> 00:15:48,870

well obviously this is your hometown

388

00:15:52,230 --> 00:15:50,639

news and the people of mount juliet

389

00:15:54,310 --> 00:15:52,240

nashville all over middle tennessee and

390

00:15:56,069 --> 00:15:54,320

tennessee are so proud of you what do

391

00:15:59,590 --> 00:15:56,079

you have to say to the people of mount

392

00:16:02,870 --> 00:16:01,030

i have to say

393

00:16:04,230 --> 00:16:02,880

that's god's country every time somebody

394

00:16:05,509 --> 00:16:04,240

asked me where i'm from i tell them

395

00:16:07,430 --> 00:16:05,519

that's the first thing i say is god's

396

00:16:09,670 --> 00:16:07,440

country and that's what i truly believe

397

00:16:15,670 --> 00:16:09,680

and y'all live in a wonderful place and

398

00:16:19,670 --> 00:16:17,590

that's what we like to hear hey they are

399

00:16:21,590 --> 00:16:19,680

playing great right now as well i think

400

00:16:24,230 --> 00:16:21,600

you're a bald fan as well there's

401
00:16:25,749 --> 00:16:24,240
another butch in charge over there for

402
00:16:30,069 --> 00:16:25,759
the big orange what do you think about

403
00:16:33,269 --> 00:16:31,590
hey you know it's uh they're getting

404
00:16:35,030 --> 00:16:33,279
going here i know they lost this weekend

405
00:16:36,629 --> 00:16:35,040
in a close fought match but uh things

406
00:16:41,749 --> 00:16:36,639
are turning around we got we got high

407
00:16:46,069 --> 00:16:43,910
all right last question for you guys for

408
00:16:48,470 --> 00:16:46,079
anybody that is watching this and has

409
00:16:50,710 --> 00:16:48,480
seen what you guys are doing maybe kids

410
00:16:55,829 --> 00:16:50,720
that hey one day i want to do this what

411
00:16:59,110 --> 00:16:57,189
the main thing is i think a lot of

412
00:17:01,110 --> 00:16:59,120
people have said it and i agree and

413
00:17:02,470 --> 00:17:01,120

that's uh do what you love

414

00:17:05,350 --> 00:17:02,480

if you got a passion about something

415

00:17:06,870 --> 00:17:05,360

pursue it whatever it may be and uh

416

00:17:08,630 --> 00:17:06,880

ultimately you're looking for a

417

00:17:10,390 --> 00:17:08,640

happiness in your life and how you can

418

00:17:12,309 --> 00:17:10,400

support and help others and that's the

419

00:17:14,230 --> 00:17:12,319

main thing and you never know if you put

420

00:17:16,390 --> 00:17:14,240

a lot of effort into something where it

421

00:17:20,949 --> 00:17:16,400

might lead truly so that that'd be the

422

00:17:25,510 --> 00:17:22,789

all right captain terry virts captain

423

00:17:27,510 --> 00:17:25,520

barry butch wilmore mount juliet's own

424

00:17:29,270 --> 00:17:27,520

thank you so much for joining us we are

425

00:17:30,950 --> 00:17:29,280

really honored to speak to you and we

426

00:17:33,909 --> 00:17:30,960

are very proud of you captain butch

427

00:17:33,919 --> 00:17:42,470

super is our pleasure we've had a ball